

Satisfaction and Wellbeing in Anaesthetic Training Study

Starting: Monday 20th February

The satisfaction and wellbeing of junior doctors has become high profile, but comparatively little is understood about how these issues affect <u>UK anaesthetic</u> <u>trainees and fellows</u>

3 Trainee Research Networks have joined forces to explore these issues in detail and determine the most important risk factors and protective factors

We need your help to find out how workplace stress, depression and burnout can be combated and how wellbeing can be promoted. This will provide a crucial knowledge base to protect and support the wellbeing of current and future trainees/fellows

This is your chance to have your say and influence anaesthetic training in the South West and Wales, don't waste it!

You'll have an opportunity to speak to an independent researcher so you can share your honest experiences

AND

by participating, you could win an Apple iPad Mini!

WHAT YOU NEED TO DO

- 1. Look out for the study email + link to the survey from your local Trainee Research Network Lead.
- 2. Complete the confidential online survey (there's an option to stay anonymous if you prefer) AND opt in to speak confidentially with the researcher in order to have your say and make a difference.
- 3. Enter the draw to win the APPLE iPAD MINI!

This study is jointly funded by the NIAA and AAGBI and run in collaboration with STAR, SWARM and WAAREN Research Networks. SWeAT has HRA approval and is eligible for NIHR CRN Portfolio support. All responses are strictly confidential. For more information email: sweatstudy@hotmail.com







